

BE BURN AWARE!

Keep children safe From **FIRE**



Every year, fires and burns are a leading cause of injury-related fatalities among children.

Follow these tips to keep your family safe.

PROTECT YOUR HOME

- Smoke alarms save lives! Install smoke detectors on every level of your home and in all bedrooms. Change batteries every year.
- If applicable, have the chimney inspected/cleaned annually, and install a fireplace screen.
- Keep matches and lighters locked up, teaching children these are not toys.
- Do not overload electrical circuits or extension cords.
- Do not place electrical cords or wires under rugs, trapped against walls or in high-traffic areas.
- Shut off and unplug appliances that sputter, spark or smell. Repair or replace.

PREVENT FIRES

- Never leave fireplaces or candles unattended.
- Extinguish all flames before sleeping or leaving the room.
- Keep flammable items at least 3 feet from heat sources.
- Use space heaters with auto shut-off features.
- Keep fabrics away from heaters.
- Turn off heating devices before sleeping.
- Keep children at safe distances from outdoor fire pits when in use.

FOLLOW SAFE COOKING PRACTICES

- Never leave food that is cooking unattended.
- Always supervise children's use of the stove, oven or microwave.

Fires occur quickly

- Never throw water on a grease fire.
- In less than 30 seconds a single flame can become a house fire.
- In 2 minutes, a house fire can become life-threatening.
- In 5 minutes, a home can be destroyed.

IN CASE OF FIRE ...

Prepare a family escape plan, and practice it.

- Keep a fire extinguisher nearby.
- Learn two ways out of every room, and agree on a meeting place outside the building.
- If you live in a multi-floor building, know the best route to the stairwell or exit.

If you are in a room with a closed door when fire occurs, take these extra precautions.

- Do not open the door if you see smoke under it.
- If you don't see smoke, check the door handle. If it is hot, do not open the door.
- If you can open the door, and there is no smoke or heat, proceed quickly to your exit.
- Stay low to the ground as you exit.
- If you can't get out right away, yell for help or call 911.
- Never hide in a closet or under a bed. Your goal is to get outside.
- **STOP, DROP and ROLL** if you come in contact with flames and seek medical attention immediately.



FOR MORE INFORMATION: **BeBurnAware.org**

ShrinersChildrens.org

