

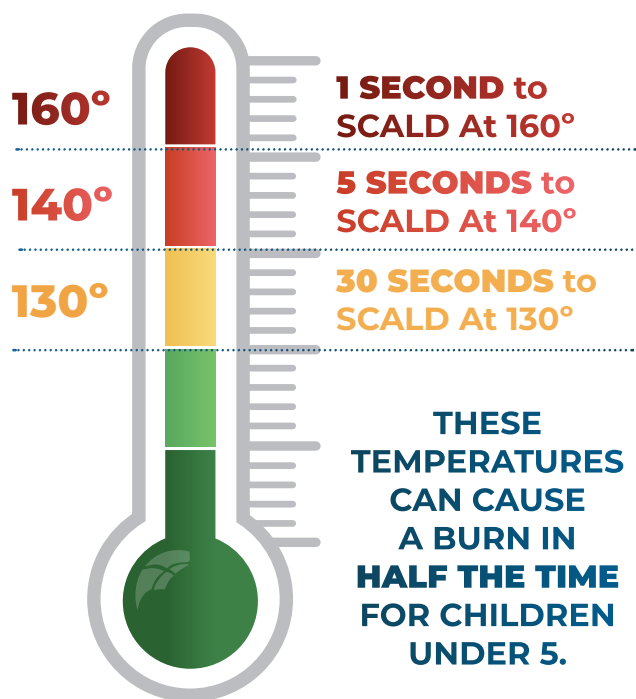
BE BURN AWARE!

Keep Children Safe From SCALDS

Scald burns are typically related to ordinary activities in the home – bathing, cooking and eating – and can happen in an instant.

Follow these tips to keep your family safe.

A LIQUID THAT IS 130°F CAN RESULT IN A SCALD BURN IN LESS THAN 30 SECONDS.



QUICK FACTS ABOUT SCALD INJURIES

- Children may not understand or even be aware of potential dangers of hot liquids (especially water) and foods; they simply trust adults to keep them safe.
- Young children have thinner skin that burns more quickly than that of an adult's.
- Children under 4 and people with disabilities are at highest risk of burn-related death and injury, especially from scald and contact burns.
- Continuous supervision of young children is the most important factor in preventing scald burns.

AT BATHTIME

- Be sure to set the water heater to 120°F (49°C) or lower.
- When filling the bathtub, turn on cold water first. Mix in warmer water carefully.
- Check the water temperature by rapidly moving your hand through the water. If the water feels hot to an adult, it is too hot for a child.
- When placing a child in the tub, face them away from faucets and as close to the other end of the tub as possible.



IN THE KITCHEN AND DINING ROOM

- Create a 3-foot safety zone around hot surfaces and never leave kids unattended.
- Turn pot handles inward toward the back of the stove to prevent touching or spills.
- Always put a lid on hot drinks.
- Keep hot liquids in spill-proof containers.
- Follow instructions and cautions for heating items in the microwave.

