

# BE BURN AWARE!

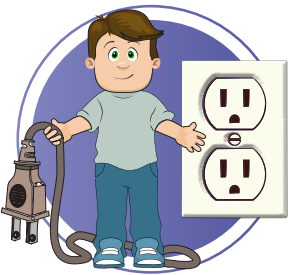


## SAFETY Begins at Home



Each year thousands of children sustain burn injuries at home. Follow these tips to keep your family safe.

### ELECTRICAL SAFETY



- Use electrical outlet covers.
- Replace damaged electrical cords.
- Unplug electrical appliances when not in use.
- Industry standards recommend having the electrical wiring in your home checked professionally every 3-5 years.

### FLAMMABLE SUBSTANCES SAFETY



- Store flammable liquids, chemicals and cleaners properly, ideally in a locked cabinet.
- Teach children that gasoline has only one purpose: to fuel an engine.
- Do not pour fuel or any other accelerant straight onto a fire.
- Chemical fires cannot be put out with water.
- Fire extinguishers are the best way to contain and put out these fires.

### FIRE SAFETY



- Smoke alarms save lives! Install smoke detectors on every level of your home and in all bedrooms. Change batteries every year.
- Have the fireplace and chimney inspected every year and use fireplace screens.
- Do not leave lit candles unattended.
- Keep matches out of reach of younger children, and supervise older children's use.
- Prepare a fire escape plan, including two exits from each room, and practice it. Set a designated meeting place at a safe distance from the home.
- Call 911 as soon as you safely can.

### BATHTIME SAFETY



- Always supervise children in the bathroom.
- Use a latch-bolt on the outside of bathroom door so children can't enter unsupervised.
- Be sure to set the water heater to 120°F (49°C) or less.
- When filling the bathtub, turn on cold water first. Mix in warmer water carefully.
- Check the water temperature by rapidly moving your hand through the water. If the water feels hot to an adult, it is too hot for a child.
- When placing a child in the tub, face them away from faucets and as close to the other end of the tub as possible.

### KITCHEN SAFETY



- Create a 3-foot safety zone around hot surfaces and never leave kids unattended.
- Turn pot handles inward toward the back of the stove and use oven mitts.
- Follow instructions and cautions for heating items in the microwave.
- Keep all hot liquids and food in spill-proof containers and out of reach from children.
- Place anything electrical away from edges of tables and counters.
- Keep clothing from coming into contact with flames or heating elements.
- Use placemats rather than tablecloths to avoid slippage/spills of hot food.
- Avoid area rugs in the kitchen.



FOR MORE INFORMATION: [BeBurnAware.org](https://www.BeBurnAware.org)

[ShrinersChildrens.org](https://www.ShrinersChildrens.org)

