

Be Burn Aware!

Keep Children Safe from Scalds



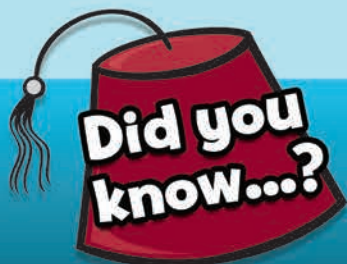
Be Kitchen & Dining Room Smart!

- 1 Use oven mitts or hot pads when cooking.
- 2 Turn pot handles inward.
- 3 Thoroughly stir all microwaved foods and liquids.
- 4 Never heat baby bottles in a microwave.
- 5 Avoid having area rugs in the kitchen.
- 6 Establish and enforce a "no kids" zone in the kitchen, including the stove and sink area.
- 7 Do not use deep fryers around children.
- 8 Do not handle, eat or drink hot items while holding children.
- 9 Test heated foods and liquids before serving to children.
- 10 Keep hot foods and liquids away from the edges of counters or tables.
- 11 Consider replacing tablecloths with place mats.

Brewster

Be Safe in the Bathroom!

- 1 Set the water heater temperature to 120°F (49°C).
- 2 When filling the bathtub, run cold water first, and mix in warmer water.
- 3 Before placing a child in the bathtub, check the water temperature by rapidly moving your hand through the water. If the water feels hot to an adult, it is too hot for a child.
- 4 In the bathtub, face the child away from faucets.
- 5 Use knob covers on faucets.
- 6 Always supervise children in the bath. Do not leave them alone.



Every day, hundreds of young children with burn injuries are taken to emergency rooms with scald injuries. Ninety percent of burn injuries to children

age 5 and younger are scalds or other contact burns. Scald burns are typically related to ordinary activities, especially bathing, cooking and eating.



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Burn Awareness
Preventing Burn Injuries

Call 911 in the case of an emergency.
www.burnawareness.org
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